

## MULTI-STATION

► MS-20  
CABLE CROSSOVER



DIMENSIONS (LXWXH)	377 x 110 x 230 cm / 148" x 43" x 91"
PRODUCT WEIGHT	395 kgs / 870 lbs
WEIGHT STACK	2 x 91 kgs / 2 x 200 lbs (10 lbs x 20 x 2)

► MG-30  
3-STACK MULTI-GYM



DIMENSIONS (LXWXH)	290 x 319 x 218 cm / 114" x 126" x 86"
PRODUCT WEIGHT	592 kgs / 1305 lbs
WEIGHT STACK	3 x 91 kgs / 3 x 200 lbs (10 lbs x 20 x 3)
EXERCISE MODE	Multiple position Chest / Shoulder Press, Lat Pulldown/Low Row, Leg Extension / Lying Curl

► MS-40 / MS-80  
4-STACK MULTI-STATION / 8-STACK MULTI-STATION



<b>4-STACK MULTI-STATION</b>	
DIMENSIONS (LXWXH)	387 x 180 x 230 cm / 152" x 71" x 91"
PRODUCT WEIGHT	645 kgs / 1420 lbs
WEIGHT STACK	4 x 91 kgs / 4 x 200 lbs (10 lbs x 20 x 2)
EXERCISE MODE	Lat Pulldown, Low Row, Triceps Pressdown

<b>8-STACK MULTI-STATION</b>	
DIMENSIONS (LXWXH)	586 x 479 x 230 cm / 230" x 189" x 91"
PRODUCT WEIGHT	1319 kgs / 2907 lbs
WEIGHT STACK	8 x 91 kgs / 8 x 200 lbs (10 lbs x 20 x 4)
EXERCISE MODE	Lat Pulldown, Low Row, Triceps Pressdown, Adjustable Cable Column

► MS-50  
5-STACK MULTI-STATION



DIMENSIONS (LXWXH)	482 x 386 x 230 cm / 190" x 152" x 91"
PRODUCT WEIGHT	857 kgs / 1889 lbs
WEIGHT STACK	5 x 91 kgs / 5 x 200 lbs (10 lbs x 20 x 5)
EXERCISE MODE	Lat Pulldown, Low Row, Triceps Pressdown, Adjustable Cable Column and connecting tube for a complete Cable Crossover

## FRAME AND UPHOLSTERY COLORS

### FRAME FINISH CHOICE



Graphite

Platinum

### UPHOLSTERY COLOR CHOICE



Clay Red

Desert Brown

Obsidian Black



# STRENGTH

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*A life that has direction and movement.*

*Youthful energy is what everyone seeks to achieve; a life that has direction and movement; a life that affects events and people that surround you through dynamism and positivity.*

*It is no secret at Johnson that exercise is the best way to reach this level of energy and to feel good about yourself. Assisting you to exercise is our reason to exist and to constantly innovate and develop.*

Authorized Johnson Fitness Distributor

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## SELECTORIZED

► SU-151 / SU-151H  
CHEST PRESS



DIMENSIONS (LXWXH)	138 x 108 x 169 cm / 54" x 43" x 67"
PRODUCT WEIGHT	245 kg / 539 lbs
WEIGHT STACK	Standard : 91 kg / 200 lbs (10 lbs x 20) *Heavy : 124 kg / 272 lbs (18 lbs x 14, 10 lbs x 1, 5 lbs x 2)

► SU-152 / SU-152H  
LAT PULLDOWN



DIMENSIONS (LXWXH)	145 x 122 x 233 cm / 57" x 48" x 92"
PRODUCT WEIGHT	188 kg / 414 lbs
WEIGHT STACK	Standard : 91 kg / 200 lbs (10 lbs x 20) *Heavy : 124 kg / 272 lbs (18 lbs x 14, 10 lbs x 1, 5 lbs x 2)

► SU-154 / SU-154H  
SHOULDER PRESS



DIMENSIONS (LXWXH)	148 x 137 x 185 cm / 58" x 54" x 73"
PRODUCT WEIGHT	245 kg / 540 lbs
WEIGHT STACK	Standard : 91 kg / 200 lbs (10 lbs x 20) *Heavy : 124 kg / 272 lbs (18 lbs x 14, 10 lbs x 1, 5 lbs x 2)

► SU-155 / SU-155H  
SEATED ROW



DIMENSIONS (LXWXH)	143 x 126 x 170 cm / 56" x 50" x 67"
PRODUCT WEIGHT	231 kg / 510 lbs
WEIGHT STACK	Standard : 91 kg / 200 lbs (10 lbs x 20) *Heavy : 124 kg / 272 lbs (18 lbs x 14, 10 lbs x 1, 5 lbs x 2)

► SU-156 / SU-156H  
LATERAL RAISE



DIMENSIONS (LXWXH)	107 x 116 x 149 cm / 42" x 46" x 59"
PRODUCT WEIGHT	194 kg / 427 lbs
WEIGHT STACK	Standard : 68 kg / 150 lbs (10 lbs x 15) *Heavy : 91 kg / 200 lbs (18 lbs x 10, 10 lbs x 1, 5 lbs x 2)

► SU-157 / SU-157H  
BICEPS CURL



DIMENSIONS (LXWXH)	124 x 110 x 149 cm / 49" x 43" x 59"
PRODUCT WEIGHT	193 kg / 424 lbs
WEIGHT STACK	Standard : 68 kg / 150 lbs (10 lbs x 15) *Heavy : 91 kg / 200 lbs (18 lbs x 10, 10 lbs x 1, 5 lbs x 2)

► SU-158 / SU-158H  
TRICEPS EXTENSION



DIMENSIONS (LXWXH)	109 x 110 x 149 cm / 43" x 43" x 59"
PRODUCT WEIGHT	201 kg / 443 lbs
WEIGHT STACK	Standard : 68 kg / 150 lbs (10 lbs x 15) *Heavy : 91 kg / 200 lbs (18 lbs x 10, 10 lbs x 1, 5 lbs x 2)

► SU-163 / SU-163H  
TRICEPS PRESS



DIMENSIONS (LXWXH)	154 x 109 x 169 cm / 61" x 43" x 67"
PRODUCT WEIGHT	245 kg / 539 lbs
WEIGHT STACK	Standard : 91 kg / 200 lbs (10 lbs x 20) *Heavy : 124 kg / 272 lbs (18 lbs x 14, 10 lbs x 1, 5 lbs x 2)

► SU-164 / SU-164H  
PECTORAL FLY



DIMENSIONS (LXWXH)	128 x 104 x 169 cm / 50" x 41" x 67"
PRODUCT WEIGHT	236 kg / 519 lbs
WEIGHT STACK	Standard : 91 kg / 200 lbs (10 lbs x 20) *Heavy : 124 kg / 272 lbs (18 lbs x 14, 10 lbs x 1, 5 lbs x 2)

► SU-166 / SU-166H  
DIP / CHIN ASSIST



DIMENSIONS (LXWXH)	133 x 109 x 236 cm / 52" x 43" x 93"
PRODUCT WEIGHT	258 kg / 569 lbs
WEIGHT STACK	Standard : 91 kg / 200 lbs (10 lbs x 20) *Heavy : 124 kg / 272 lbs (18 lbs x 14, 10 lbs x 1, 5 lbs x 2)

► ST-161 / ST-161H  
BACK EXTENSION



DIMENSIONS (LXWXH)	103 x 109 x 169 cm / 41" x 43" x 67"
PRODUCT WEIGHT	233 kg / 514 lbs
WEIGHT STACK	Standard : 91 kg / 200 lbs (10 lbs x 20) *Heavy : 124 kg / 272 lbs (18 lbs x 14, 10 lbs x 1, 5 lbs x 2)

► ST-162 / ST-162H  
ABDOMINAL CRUNCH



DIMENSIONS (LXWXH)	127 x 110 x 169 cm / 50" x 43" x 67"
PRODUCT WEIGHT	255 kg / 496 lbs
WEIGHT STACK	Standard : 91 kg / 200 lbs (10 lbs x 20) *Heavy : 124 kg / 272 lbs (18 lbs x 14, 10 lbs x 1, 5 lbs x 2)

► SL-153 / SL-153H  
LEG EXTENSION



DIMENSIONS (LXWXH)	119 x 117 x 168 cm / 47" x 46" x 66"
PRODUCT WEIGHT	248 kg / 546 lbs
WEIGHT STACK	Standard : 91 kg / 200 lbs (10 lbs x 20) *Heavy : 124 kg / 272 lbs (18 lbs x 14, 10 lbs x 1, 5 lbs x 2)

► SL-159 / SL-159H  
LEG PRESS



DIMENSIONS (LXWXH)	176 x 115 x 200 cm / 64" x 45" x 79"
PRODUCT WEIGHT	357 kg / 787 lbs
WEIGHT STACK	Standard : 114 kg / 250 lbs (10 lbs x 25) *Heavy : 164 kg / 362 lbs (18 lbs x 19, 10 lbs x 1, 5 lbs x 2)

► SL-160 / SL-160H  
SEATED LEG CURL



DIMENSIONS (LXWXH)	138 x 106 x 170 cm / 54" x 42" x 67"
PRODUCT WEIGHT	261 kg / 575 lbs
WEIGHT STACK	Standard : 91 kg / 200 lbs (10 lbs x 20) *Heavy : 124 kg / 272 lbs (18 lbs x 14, 10 lbs x 1, 5 lbs x 2)

► SL-165 / SL-165H  
HIP ABDUCTION /  
HIP ADDUCTION



DIMENSIONS (LXWXH)	127 x 110 x 169 cm / 50" x 43" x 67"
PRODUCT WEIGHT	225 kg / 496 lbs
WEIGHT STACK	Standard : 91 kg / 200 lbs (10 lbs x 20) *Heavy : 124 kg / 272 lbs (18 lbs x 14, 10 lbs x 1, 5 lbs x 2)

## FREE WEIGHT

► FW-151  
FLAT BENCH



DIMENSIONS (LXWXH)	154 x 57 x 45 cm / 61" x 22" x 18"
PRODUCT WEIGHT	27 kg / 59 lbs

► FW-152  
ADJUSTABLE AB / DECLINE BENCH



DIMENSIONS (LXWXH)	208 x 63 x 97 cm / 82" x 25" x 38"
PRODUCT WEIGHT	58 kg / 128 lbs

► FW-153  
ADJUSTABLE INCLINE BENCH



DIMENSIONS (LXWXH)	154 x 62 x 47 cm / 61" x 24" x 19"
PRODUCT WEIGHT	39 kg / 86 lbs

► FW-155  
PREACHER CURL



DIMENSIONS (LXWXH)	120 x 72 x 95 cm / 47" x 28" x 37"
PRODUCT WEIGHT	37 kg / 81 lbs

► FW-156  
UPRIGHT BENCH



DIMENSIONS (LXWXH)	114 x 56 x 102 cm / 45" x 22" x 40"
PRODUCT WEIGHT	23 kg / 51 lbs

► FW-157  
WEIGHT RACK



DIMENSIONS (LXWXH)	67 x 54 x 127 cm / 26" x 21" x 50"
PRODUCT WEIGHT	22 kg / 48 lbs

► FW-158  
SINGLE TIER DUMBBELL  
RACK



DIMENSIONS (LXWXH)	244 x 66 x 72 cm / 96" x 26" x 28"
PRODUCT WEIGHT	63 kg / 139 lbs

► FW-159  
DOUBLE TIER DUMBBELL  
RACK



DIMENSIONS (LXWXH)	244 x 66 x 76 cm / 96" x 26" x 30"
PRODUCT WEIGHT	101 kg / 222 lbs

► FW-160  
BARBELL RACK



DIMENSIONS (LXWXH)	99 x 85 x 151 cm / 39" x 33" x 59"
PRODUCT WEIGHT	60 kg / 132 lbs

► FW-161  
SMITH MACHINE



DIMENSIONS (LXWXH)	141 x 105 x 239 cm / 56" x 41" x 94"
PRODUCT WEIGHT	128 kg / 282 lbs

► FW-162  
BACK EXTENSION



DIMENSIONS (LXWXH)	128 x 74 x 86 cm / 50" x 29" x 34"
PRODUCT WEIGHT	41 kg / 90 lbs

► FW-163  
OLYMPIC FLAT BENCH



DIMENSIONS (LXWXH)	177 x 127 x 202 cm / 70" x 50" x 80"
PRODUCT WEIGHT	65 kg / 143 lbs

► FW-164  
OLYMPIC INCLINE BENCH



DIMENSIONS (LXWXH)	177 x 156 x 137 cm / 70" x 61" x 54"
PRODUCT WEIGHT	67 kg / 148 lbs

► FW-165  
OLYMPIC DECLINE BENCH



DIMENSIONS (LXWXH)	177 x 219 x 132 cm / 70" x 86" x 52"
PRODUCT WEIGHT	75 kg / 165 lbs

\* For heavy using purpose Johnson Selectorized equipments not only provide Standard weight stack but also Heavy level selection. All product specifications are subject to change without notice.